St. Philip & St. James
CATHOLIC CHURCH

430 SOUTH MAIN STREET • PHILLIPSBURG, NJ 08865

Mission Statement
To love God and neighbor by sharing our belief in Jesus Christ as Lord and Savior through prayerful celebration of His Sacraments, ministering to all in need, protecting life, and welcoming all who come to us.

Weekend Masses
Saturday 8:00 am
Saturday & Sunday
4:30 pm, 7:00, 9:00 & 11:00 am; 1:00 pm (Spanish) & 5:30 pm
Weekday Masses: Monday - Friday:
6:45 am & 12:10 pm
Confessions: Saturdays 10:00 am & 3:15 pm
Adoration: Monday - Friday:
9 am—8 pm in the Chapel

Beloved, if God so loved us we also must love another.

1 John 4:11

Baptism, Marriage and RCIA
Please call the Church Office to make arrangements.

PARISH EVENTS THIS WEEK

Sunday 5/5/24
11am May Crowning in the Church during Mass & 3pm-7pm Spanish Charismatic Group in PMR.

Mon. 5/6/24
7pm Knights of Columbus Meeting in MR & 7pm Spanish Charismatic Group “Aliento de Vida” in the Church. (Mass in Spanish 2nd & 4th Monday’s of the month.)

Tues. 5/7/24
8:30am Legion of Mary in MH, 6pm Legion of Mary in Conf. Room, & 7pm Cenacles of Life in the Chapel.

Wed. 5/8/24

Thurs. 5/9/24
1:30pm Bible Study on the Acts of the Apostles in Mercy Hall & 7pm Blue Army Payer Cell in the Chapel.

Friday 5/10/24
7pm Finding Nemo Drama Club Spring Production at SSPJ School.

Sat. 5/11/24
7am—8am Men’s Fellowship Group in Conf. Room, 8:30am Frank Duff Prayers after mass, 9am—1pm Soup Kitchen in Mercy Hall, & 2pm Finding Nemo Drama Club Production at SSPJ School.

Sunday 5/12/24

SIXTH SUNDAY OF EASTER † May 5, 2024
Sixth Sunday of Easter

Dear Family!

As we are getting closer to the end of the Easter Season, on the 6th Sunday of Easter we continue to hear Jesus echo his message from the 5th Sunday’s Gospel ‘To remain in him’. We won’t get to hear the 6th Sunday’s Gospel instead we will pray with the Gospel of the 7th Sunday of Easter as our rubrics explain: Where the Ascension is transferred to Sunday, 12th May, the second reading and Gospel of the Seventh Sunday of Easter may be read on the Sixth Sunday of Easter. As you may know, our diocese has moved the Solemnity of Ascension from Thursday of the Sixth Week of Easter to the Seventh Sunday of Easter permanently since 2022, we hear one of the most cherished prayers of Jesus for his Apostles.

Jesus’ prayer in today’s gospel is vital to the holiness of the church. Every expression in this prayer is about Oneness, holiness and commitment to love and serve modeling on the same pattern of the unity in Godhead. The Catechism of the Catholic Church teaches us that Charity is the soul of the holiness to which all are called. Charity governs shapes and perfects all the means of sanctification. When we are ready to love, we live to be holy. Love is not just an emotion but a constant attempt to reach perfection, to glorify God and purify our intentions. Most of our expressions are seen in all that we do and say and all that we fail to do and say.

Next Sunday we celebrate the Solemnity of the Ascension. We also celebrate Mothers’ day. May is the month dedicated to Our Blessed Mother. Pope Francis in his Letter on the Month of May wrote, “I want to encourage everyone to rediscover the beauty of praying the Rosary at home in the month of May. This can be done either as a group or individually. As the readings focus on Jesus’ commandment of love, praying for one another is a great expression of love. I request you to include a special prayer for our Bishop on his anniversary of his episcopal ordination (May 3rd).

I thank all the Faith Formation Ministry (Mrs. Escarlen Duran and the teachers), clergy, choir, servers, ushers, decoration ministry and all parishioners who could participate and pray for our children. As something beautiful began in our children, it is the duty of our community to nurture it - parents taking full responsibility to bring them for mass regularly and praying with them. Special thanks to Diane Volk for preparing the children - they all have learned their prayers well. I am so proud of our children! Thank you parents for your encouragement!

Bible Study on The Acts of the Apostles:
All are welcome! As you probably know it takes hours of preparation to put together the Bible Study. I thank all of those who have signed up for these studies. **Every Thursday at 1:30pm in Mercy Hall we gather to study the scripture.** It is never too late to join the study. Every time you participate you will appreciate the rich treasures of the Wisdom of the Word of God.

Eucharistic Renewal:
I thank Monsignor John Gordon for the April Seminar on the Eucharist. The March Seminar touched upon important questions people may have and would like to learn the Church’s answers to those important questions. People who have attended expressed to me to have more of such sessions. We will have a continuation of this session on Wednesday, May 8th, at 6:30pm. Please join the community!

Faith & Service Dinner:
As we continue to thank Fr. Pat and Kevin and Kelly Perna for accepting this year’s Faith & Service awards, we express our sincere thanks to Bill Casey and Margie Markus and all the volunteers who organized the whole dinner! We thank them for the dedication and service to our parish and school! Thank you to all of you, we had a record number this year! Thank you for your generosity!

Our Prayers for RCIA Candidates:
Please remember all the candidates who have received their sacraments at Easter Vigil.

Ordinary Maintenance Projects:
Our chapel renovation will be starting soon as we are working to get schedule ready to relocate adoration opportunities for parishioners. I thank all the volunteers who continue to care for our facilities. Skilled people such as painters, electricians, plumbers and carpenters are all welcomed to volunteer in these projects.

Sincere thanks to the parents & the Faith Formation Ministry:
It was a memorable mass for all of us especially for our children who received their First Holy Communion and their families.

Fr. Antony
SUNDAY, May 5th – SIXTH SUNDAY OF EASTER
7:00am – Rose Scalafaro by Martha Richline
9:00 – Grace Consentino by Family
11:00 – David Eck, Jr. by Russo Family
1:00pm (SP) – *Sp. Int. Maria Cristina Rossenouff by Pat Verdon
5:30pm – Anthony Nicholas, Jr. by Hoffman Family

MONDAY, May 6th
6:45am – Thomas B. Smith, Sr. by Daughter Rachel
12:10pm – Grace M. Young (A) by Family

TUESDAY, May 7th
6:45am – Jack Emery by John S. Butchko
12:10pm – Barry John Shandor by Ella Lokitis

WEDNESDAY, May 8th
6:45am – Ellen R. McLean by The Hoffman Family
12:10pm – Will Spencer by Houck Family

THURSDAY, May 9th
6:45am – Frank & Virginia Rossnagle by Family
12:10pm – Dennis O’Hara by Cathy O’Hara & Family

FRIDAY, May 10th – St. John of Avila & St. Damien de Veuster
6:45am – Richard John Wallwork by the Hoffman Family
12:10pm – Anthony & Jennie Bladies & Sons by Rose Bladies

SATURDAY, May 11th
8:00am – John “Chip” McFadden by Joe & Val Lusardi
4:30pm – Barry Shandor by Art & Pat Verdon

SUNDAY, May 12th – THE ASCENSION OF THE LORD
7:00am – Julia & Albert Madden by Daughter Mary Duaine
9:00 – Phil Kays by JoAnn Scott
11:00 – Mr. & Mrs. Joseph Kupcha by Family
1:00pm (SP) – Egma Espinoza by Maria Cristina Rossenouff
5:30pm – Sarah B. Seibert by the Peppes

Stewardship

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<tr>
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Native & Black American Collection: $793.00
Various Collections: $352.00

Liturgical Ministry Schedule

May 11th
4:30pm Acolyte
Lector Mary O’Sullivan
Minister William Casey
Minister Beth Dispoto
Server Chiazam Odimma
Server Chimbuzo Odimma

May 12th
7:00am Acolyte
Lector Brett Bruckman
Lector Susan Gerhardt
Minister Sebastian Mendoza
Server Julian Mendoza

9:00am Acolyte
Lector Cole Rautenberg
Minister Michael Duffy
Minister Julie Duffy
Server Andrew Sretenovic
Server Adam Sretenovic

11:00am Acolyte
Lector Joseph Cruz
Lector Denise Kassick
Minister Robert Hopkins
Minister Kevin Kassick
Server Gabriel Sretenovic
Server

1:00pm Lector
Minister Maria C. Rossenouff
Lector Jaime Rocha
Minister Francisco Jauridez
Announcements Laura Garcia
Server Miguel Quizhpi-Garcia
Server Jackie Quizhpi-Garcia
Server Jose Jauridez

5:30pm Acolyte
Lector R. Craig Ellis
Server
Server

NURSING HOME ASSIGNMENTS

Lopatcong Nursing Home: 5/5 Anne Coyle, 5/12 Deacon Enock, & 5/19 Ron Rossi.
Brakeley Nursing Home: 5/5 Val Patti & 5/12 Deacon Francisco.
Phillipsburg Care Center: 5/12 Lisa Spanopolous & 5/19 Beth Dispoto.

2024 BISHOP’S ANNUAL APPEAL

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...To the children of St. Philip and St. James Church that received the rites of Confirmation and First Holy Communion this year.

May they be open to God’s graces, love, and the gifts of the Holy Spirit.

**BIBLE STUDY**

On the Acts of the Apostles has begun and meets on Thursdays, in Mercy Hall at 1:30 pm with refreshments at 12:45 pm. Commentary Book by William S. Kurz, SJ.

**CATHOLIC DAUGHTERS OPEN INVITATION TO NON-MEMBERS**

Catholic Daughters of Court Warren will be holding our annual May Crowning on Monday, May 13, 2024 at 6:00pm in the church. Refreshments will be served in Mercy Hall immediately after. Ladies, please join us and find out more about our ministry which has been at SPSJ for over 100 years!

RSVP by email courtwarren389@gmail.com or text 908-303-6593.

**HOME ENTHRONEMENT FACILITATED BY LEGION OF MARY**

Invite Jesus to reign in your heart, life and home. Schedule a Home Enthronement to the Sacred Heart of Jesus and Immaculate Heart of Mary and/or the Pilgrim Virgin Statue visitation by contacting Gwen at 973-769-3011.

**Pray for the Sick**


**Pray for our Military**


Please help us keep both prayer lists up to date, contact the parish office when changes occur. Thank you & God Bless.

**SOUP KITCHEN NEWS**

The dedicated volunteers of the St. Philip & St. James Soup Kitchen handed out 181 meals to individuals in our community this past weekend. A big thank you to all the volunteers and donors!! We are in need of store bought cookies, pudding cups, and cases bottled water. Please drop off your donation on Saturdays from 9am to 11am in Mercy Hall.

**RICE BOWLS**

Please return your rice blows to the office or place them in the container marked Rice Bowl Returns in the church as soon as possible. Thank you for your generosity!
MEMORIALS AND FEASTS THIS WEEK
6th Sunday of Easter (May 5th)

May 10 - Optional Memorial of St. John of Avila, Priest & Doctor of the Church
May 10 - Optional Memorial of St. Damien de Veuster, Priest

Excerpt from St. Thomas Aquinas’ Reflection on the High-priestly Prayer of Jesus

2230. The need for their sanctification is added when he says, *as you did send me into the world, so I have sent them into the world*. He is saying in effect: I have come to preach the truth: “For this I was born . . . to bear witness to the truth” (18:37). And so, I have sent my disciples to preach the truth: “Go into all the world and preach the gospel to the whole creation” (Mk 16:15). Accordingly, they have to be sanctified in the truth: “As the Father has sent me, even so I send you” (20:21).

2231. They need to be sanctified not only because of the task they have been given, but also because their sanctification has already been begun by me. Thus, he says, *and for their sake I sanctify myself*. According to Augustine, we should note that there are two natures in Christ. Christ is holy by essence, considering his divine nature; while he is holy by grace, which is derived from the divine nature, considering his human nature. Referring to his divine nature he says, *I sanctify myself*, by taking on flesh for them. I do this in order that the sanctity or holiness of grace, which is found in my humanity, but is also from me as God, might flow from me to them, because “from his fullness we have all received” (1:16). “It is like the precious oil upon the head,” and this head is Christ, who is God, “running down upon the head, upon the beard of Aaron,” that is, upon his human nature, and from here, “running down on the collar of his robes,” that is, to us. (Ps 132:2).

Or, according to Chrysostom, he is asking they be sanctified by a spiritual sanctification. In the Old Testament there were sanctifications of the body: “Cleansing of the body imposed until the time comes to set things right” (Heb 9:10). These were figures of a spiritual sanctification, and these figures involved the offering of some sacrifice. And so, it was appropriate that some sacrifice be offered for the sanctification of the disciples.

This is what he is saying: I sanctify myself in order that they might be sanctified, that is, I am offering myself as a sacrifice: “who offered himself without blemish to God” (Heb 9:14); “So Jesus also suffered outside the gate in order to sanctify the people through his own blood” (Heb 13:12). He did this in truth, not in a figure, as was done in the Old Testament.

HOLY HOUR

All are welcomed to come together for a Holy Hour on June 7, 2024 (First Friday) at 6:00pm in the Church. Let’s spend an hour with our Lord as a community. (On this day Adoration in the chapel will end at 6pm.)

DIVINE MERCY SHRINE PILGRIMAGE BUS TRIP

Wednesday, July 10th with a cost of $80. Board 7am at 137 Roseberry Street (SSPJ School parking lot) and return 10:30pm. Bring your lunch. Contact Camille 908-319-2719 for details and reservations.

DEACON’S CORNER

Each of us is called into the ministry of Jesus in some way. We are called to be ‘other Christs’, to be people who wish to make known and spread the love of God and his care for his people in the world. We may never know how much we have done this; it is sufficient that we do what we can. God has some work to do that can be done only through each person. In a time of prayer, we ask that we use our gifts and talents as best we can in God's service.

Deacon Francisco

ADULT CHILDREN OF DIVORCE, SEPARATION OR FAMILY BROKENNESS

A 3-day Life-Giving Wounds Healing Retreat will be held on Friday, August 23 – Sunday, August 25, 2024 at the San Alfonso Retreat House in Long Branch NJ (right on the beach). Topics discussed will include identity, relationship with God, suffering, forgiveness, healing and reconciliation. Cost is $300 per person which includes accommodations for 2 nights and all meals. For more information and/or to register, please visit www.diometuchen.org/adult-children-of-divorce For questions, please contact Cristina at cdaverso@diometuchen.org.
LIFE CHOICES
Life Choices has an additional website for devotional and educational purposes. Please check it out: https://redeemerinthewomb.com/

LIFE CHOICES 25TH ANNIVERSARY
Life Choices, Inc will be celebrating its 25th Anniversary! So many beautiful lives to celebrate! Please join us Friday, May 10th, 4:30pm Mass in the Church of the Annunciation, Bloomsbury. Followed 6pm Cocktail hour and 7pm Banquet in the Hunterdon Hills Playhouse. No ticket required. For more information or to register joan@lifechoicesonline.org or call 908-454-2066 ext. 4.

NOTICIAS EN ESPAÑOL
DEL ESCRITORIO DEL P. ANTONY
Sexto Domingo de Pascua

¡Querida familia!

A medida que nos acercamos al final del tiempo pascual, en el sexto domingo de Pascua seguimos escuchando a Jesús hacer eco de su mensaje del Evangelio del quinto domingo: "Permanecer en él". No vamos a escuchar el Evangelio del sexto domingo, sino que oraremos con el Evangelio del séptimo domingo de Pascua como explican nuestras rúbricas: Cuando se transfiere la Ascensión al domingo 12 de mayo, la segunda lectura y el Evangelio del séptimo domingo de La Pascua se puede leer el sexto domingo de Pascua. Como sabrán, nuestra diócesis ha trasladado la Solemnidad de la Ascensión del jueves de la Sexta Semana de Pascua al Séptimo Domingo de Pascua de forma permanente desde el año 2022, escuchamos una de las oraciones más preciadas de Jesús a sus Apóstoles.

La oración de Jesús en el evangelio de hoy es vital para la santidad de la iglesia. Cada expresión en esta oración trata sobre la Unidad, la santidad y el compromiso de amar y servir siguiendo el mismo patrón de la unidad en Dios. El Catecismo de la Iglesia Católica nos enseña que la Caridad es el alma de la santidad a la que todos estamos llamados. La caridad gobierna, configura y perfecciona todos los medios de santificación.

Cuando estamos dispuestos a amar, vivimos para ser santos. El amor no es sólo una emoción sino un intento constante de alcanzar la perfección, de glorificar a Dios y purificar nuestras intenciones. La mayoría de nuestras expresiones se ven en todo lo que hacemos y decimos y en todo lo que dejamos de hacer y decir.

El próximo domingo celebramos la Solemnidad de la Ascensión. También celebramos el día de las Madres. Mayo es el mes dedicado a Nuestra Santísima Madre. El Papa Francisco en su carta sobre el mes de mayo escribió: “Quiero animar a todos a redescubrir la belleza de rezar el Rosario en casa en el mes de mayo. Esto se puede hacer ya sea en grupo o individualmente. Como las lecturas se centran en el mandamiento de amor de Jesús, orar unos por otros es una gran expresión de amor. Les solicito incluir una oración especial por nuestro Obispo en su aniversario de ordenación episcopal (3 de mayo).

Un sincero agradecimiento a los padres y al Ministerio de Formación de Fe:
Agradezco a todo el Ministerio de Formación de Fe (Sra. Escarlen Durán y los maestros), clero, coro, servidores, ujieres, ministerio de decoración y a todos los feligreses que pudieron participar y orar por nuestros niños. Así como algo hermoso comenzó en nuestros hijos, es deber de nuestra comunidad nutrirlo: los padres asumen toda la responsabilidad de llevarlos a misa con regularidad y orar con ellos. Un agradecimiento especial a Diane Volk por preparar a los niños; todos han aprendido bien las oraciones. ¡Estoy muy orgullosa de nuestros hijos! ¡Gracias, padres por su ánimo!

Estudio Bíblico sobre Los Hechos de los Apóstoles: ¡Todos son bienvenidos! Como probablemente sepa, se necesitan horas de preparación para preparar el estudio bíblico. Agradezco a todos los que se han apuntado a estos estudios. Todos los jueves a la 1:30 pm en Mercy Hall nos reunimos para estudiar las Escrituras. Nunca es demasiado tarde para unirse al estudio. Cada vez que participes apreciarás los ricos tesoros de la Sabiduría de la Palabra de Dios.
Avivamiento Eucarístico:
Agradezco a Monseñor John Gordon por su charla sobre la Eucaristía de abril. La charla de marzo abordó preguntas importantes que las personas pueden tener y les gustaría conocer las respuestas de la Iglesia a esas preguntas importantes. Algunas personas que han asistido me expresaron que tendrían más sesiones de este tipo. Tendremos una continuación de esta sesión el miércoles 8 de mayo a comenzando a las 6:30 pm en Mercy Hall y la charla a 7 pm en la iglesia. ¡Únase a la comunidad!

Cena de Fe y Servicio:
Mientras continuamos agradeciendo al P. Pat, Kevin y Kelly Perna por aceptar los premios “Fatih & Service” de este año. ¡Expresamos nuestro más sincero agradecimiento a Bill Casey y Margie Markus y a todos los voluntarios que organizaron toda la cena! ¡Les agradecemos la dedicación y el servicio a nuestra parroquia y escuela! ¡Gracias a todos ustedes, tuvimos un número récord este año! ¡Gracias por tu generosidad!

Nuestras oraciones por los candidatos de RICA:
Recuerde a todos los candidatos que recibieron sus sacramentos en la Vigilia Pascual.

Proyectos de mantenimiento: la renovación de nuestra capilla comenzará tan pronto que se para preparar un cronograma para reubicar las oportunidades de adoración para los feligreses. Agradezco a todos los voluntarios que siguen cuidando nuestras instalaciones. Personas cualificadas como pintores, electricistas, fontaneros y carpinteros son bienvenidas como voluntarias para estos proyectos.

P. Antony

PROGRAMA DE FE Y FORMACIÓN
Felicitaciones a los niños de la Iglesia St. Philip y St. James que recibieron los ritos de Confirmación y Primera Comunión este año.
Que ellos estén abiertos a las gracias de Dios, a su amor y a los dones del Espíritu Santo.

VIAJE EN AUTOBÚS DE PEREGRINACIÓN AL SANTUARIO DE LA DIVINA MISERICORDIA
Miércoles 10 de julio con un costo de $80. Embarque a la 7 am en la 137 Roseberry Street (estacionamiento de la escuela SSPJ) y regreso a las 10:30 pm. Triga su almuerzo. Comúñese con Camille al 908-319-2719 para obtener detalles y hacer su reserva.

NOTICAS DE LA DIÓCESIS
RESERVE LA FECHA!!
Por favor reserve la fecha y acompañenos en las siguientes celebraciones, Estas son expresión de nuestra tradición como comunidad Hispana en la Diócesis de Metuchen.

25 de Mayo de 2024:
Peregrinación Hispana al Santuario “Blue Army” de 9:30 am a 3:00 pm.

11 de Octubre de 2024:
Misa de la Herencia Hispana a las 7 pm en la Catedral San Francisco de Asís en Metuchen.
Esté atento para más información.

Dios vive en nosotros
MONSIGNOR SHEEHAN SCHOLARSHIP:
Give the gift of a Catholic education! Contributions are awarded each July to families who otherwise could not afford a Catholic school education. To contribute, simply place your donation in the collection basket inside a clearly marked envelope. Making online donations? Please consider adding the scholarship fund to your monthly donations.

SUPPORT THE SAINTS FUND:
Interested in contributing to Saints Fund, and making a donation toward the general operating costs of Saints Philip and James School? Visit sspnj.org and click the gold donate button located on the top right to contribute to the fund. Thank you for your support of Catholic education!

FAITH & SERVICE
Thank you to everyone who joined us for the annual Faith & Service Dinner on April 27, honoring Rev. Patrick Boyle (Class of ’71) and Kelly & Kevin Perna for their outstanding contributions to our Parish and School.

FINDING NEMO KIDS
The SSPJ Drama Club spring production, Finding Nemo Kids, will open on this Friday, May 10th at 7pm with an additional show on Saturday, May 11th at 2pm. Tickets will be sold at the door and will be $5 for children and $7 for adults. Come see our talented cast, who is sure to make a real splash!

Congratulations to our most recent star students, Remi and Dylan, who are being recognized for exhibiting JOY and demonstrating kindness and positive attitudes!

SAINTS SPIRIT OF GIVING
Our annual Saints Spirit of Giving campaign is in full swing! Please follow along on social media throughout the month of May to see all the ways our students spread JOY in our community! To donate towards this special fundraiser, visit app.99pledges.com/fund/saints2024.

SAINTS SPRINT
The Saints Sprint Fun Run Events will be held on Saturday, May 18th with a rain date of Sunday, May 19th. The color run and the wacky relays will all be back by popular demand! Visit sspnj.org to register by May 8th.

Saturday, 5/18*
Come for the run, stay for some fun: food trucks, vendors, raffles, & more! *Rain Date: Sunday, May 19, 2024

Registration begins at 8:30am
St. Mary’s Lawn
Races begin at 9:00am
“Love one another as I love you.”

John 15: 12

Color the hearts and think of what you can do to show your love to others - family, friends, neighbors and classmates.

Love
is the fruit of the vine.
ST. PHILIP & ST. JAMES CATHOLIC CHURCH
WELCOMES YOU

Eucharistic Revival

Please join us in this exciting journey to grow as a Eucharistic Community!

Year of the Parish Revival (2023-2024)
This Eucharistic Revival is organized “to form, heal, convert, unite and send out the People of God through a renewed encounter with Jesus in the Eucharist”
(National Eucharistic Renewal)

13th Talk
Questions and Answers Session
(Like the talk done this past March)
Fr. Antony Arockiadoss

Wednesday, May 8th at 6:30pm in Mercy Hall
then head to the Church at 7pm for the talk.

At Our Church, 430 Main St., Phillipsburg, NJ 08865
**Flores a la Santísima Virgen María**

Sugerencias de obsequios espirituales que se pueden ofrecer al Señor, por medio de la Virgen, para cada día del mes de mayo.

**N.** Recibe, Padre, las flores de nuestro amor y nuestra alegría.  
**R.** Para que tu gozo sea cumplido.

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<th>DOMINGO</th>
<th>LUNES</th>
<th>MARTES</th>
<th>MIERCRES</th>
<th>JUEVES</th>
<th>VIERNES</th>
<th>SABADO</th>
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<tbody>
<tr>
<td>Estudiar cómo debo guardar la pureza de pensamiento y obras.</td>
<td>Procurar ser amable con los demás.</td>
<td>Reflexionar si cumple lo que Dios quiere de mí.</td>
<td>Aceptar algo del Magisterio, o de la Religión, que me molesta.</td>
<td>Hablar de la Virgen.</td>
<td>Recordar algo que me desagrada de otros, y disculparlos.</td>
<td>Repetir mi juramento de lealtad a Cristo y al Papa.</td>
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<tr>
<td>Estar un rato comparando mi vida con la de María.</td>
<td>Desprenderme de algo en beneficio de otra persona.</td>
<td>Hacer con especial cuidado el examen de la noche.</td>
<td>Hacer con especial cuidado el ofrecimiento de obras.</td>
<td>Comulgar pidiendo fortaleza en las tentaciones.</td>
<td>Proporcionar hacer los cinco primeros sábados.</td>
<td>Recitar con devoción el Ángelus.</td>
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<tr>
<td>Visitar algún enfermo.</td>
<td>Rezar tres Avenárregui al levantarme y acostarme</td>
<td>Dar un donativo para alguna necesidad.</td>
<td>Encomendar a la Virgen mis dificultades y aceptar su decisión.</td>
<td>Pedir al Ángel de la guarda remordimiento por mis pecados de omisión.</td>
<td>Ofrecer algunas mortificaciones por el fruto de mi apostolado.</td>
<td>Descubrir en qué tengo respeto humano, y vencerlo.</td>
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<td>19</td>
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<td>Ver si todas mis lecturas y espectáculos los aprobará la Virgen.</td>
<td>Meditar un rato en el valor de la castidad.</td>
<td>Revisar si en todas mis ocupaciones y diversiones inico a Cristo.</td>
<td>Pensar con alegría en el cielo, y prepararme para la muerte, quizá repentina.</td>
<td>Rezar el Rosario con devoción.</td>
<td>Quitar de mi algo que moleste a los demás.</td>
<td></td>
</tr>
</tbody>
</table>

**N.** Guarda en tu corazón las flores que te ofrecemos.  
**R.** Para que ahora y siempre nuestro amor y nuestra alegría, nuestra castidad y nuestra esperanza, sean la prenda bendita de tu gozo y del nuestro.