

**Church of Saint Philip and Saint James
Phillipsburg, NJ**

“Be Sealed With the Holy Spirit”

Guidelines and basic information about Confirmation

The Sacrament of Confirmation is an important part of our lifelong friendship with God. When we are Confirmed, God strengthens us with a special gift of the Holy Spirit, to help us live the Catholic Faith we received in Baptism. Because it helps us to live our faith in Jesus fully and completely, Confirmation is often called a sacrament of Christian maturity.

The following pages are filled with information for registered parishioners of Saint Philip and Saint James Church who wish to receive Confirmation. It explains the required preparation and answers many questions. Please keep this booklet for future reference as you prepare to be sealed with the Holy Spirit in Confirmation.

When is Confirmation usually celebrated in our parish?

Confirmation is usually celebrated sometime during the eighth grade for members of our parish. The exact date comes from the Bishop's office and is not usually known to us until a few months before the actual celebration. The parish office will share this date with you as soon as we receive it!

What is required of those who wish to be Confirmed in our parish?

Church of Saint Philip and Saint James Phillipsburg, NJ

Because of the importance of this Sacrament, those who wish to receive it must fulfill three series of requirements: **Spiritual, Educational, and Christian Charity.**

Spiritual

- You must have already received the Sacraments of Baptism and Eucharist (First Communion).
- You must be attending Mass regularly.
- You must complete at least 10 Weekly Mass reflections. These will be provided and explained to you.
- You must participate in a Confirmation Retreat. Details will be provided.
- You should make a good Confession before your Confirmation day.

Educational

- You must complete at least **two years** of educational preparation for this sacrament. This may be done in one of two ways:
 - Successful completion of **7th and 8th grade level Faith Formation** (A Traditional Weekly In person Program.)
OR
 - Successful completion of **7th and 8th grade in Catholic School.**
 - Public school students who have already passed the 7th or 8th grade but have not yet completed the corresponding level of CCD, should speak with the Pastor or Parish Catechetical Leader to work out the details of their educational requirements.
 - Home schooled students should likewise speak with the Pastor or Parish Catechetical Leader to plan their Confirmation.

Church of Saint Philip and Saint James Phillipsburg, NJ

Christian Charity

- While many parishes ask you to perform Community Service for Confirmation, our parish prefers you perform Christian Charity or Works of Mercy. This can include simple things like babysitting for your family or helping your grandparents, but should also include service in the wider community (i.e., assisting at parish activities, the Soup Kitchen, etc.) A form for keeping track of Christian Charity will be provided. It includes a list of suggestions for acts of Christian Charity.
- We offer 10 hours as a guide but are more concerned that you actually perform some Christian Charity or Works of Mercy than we are about counting exact hours.
- Altar Servers and those who sing in the choir may count this towards some of their Christian Charity.

Choosing a sponsor

Those to be Confirmed must choose a sponsor. A sponsor is a good Catholic who helps you – by word and example – to live your Catholic Faith. The importance of the sponsor's role is **highlighted by the requirements the Church** sets forth for them. These requirements are as follows:

Sponsors must:

- Be practicing Catholics who have received the Sacraments of Baptism, Confirmation, and Communion.
- If they are married, their marriage must be recognized by the Catholic Church.
- Be sufficiently mature to fulfill the role of sponsor (usually understood to mean that they are at least 16 years old).

A Sponsor Form will be provided. Please give it to your sponsor to have them complete it. Once the pastor from the church they attend and are registered at has signed it, they should return it to you, to then return to us. It is also OK for their pastor to give them a different form that he uses in his parish.

Church of Saint Philip and Saint James Phillipsburg, NJ

Your sponsor must be someone besides your parents. The church prefers that the godparents at baptism serve again as the sponsor at confirmation. You may choose as your sponsor, your brother, sister, godfather, godmother, aunt, uncle, cousin, friend, or a neighbor who meets these requirements. Your parents, stepparents, foster parents, or guardians may **NOT** act as sponsors.

Choosing a Confirmation Name

One of our most beautiful Catholic traditions is that of choosing a Confirmation name. It should be the name of a saint whom you admire and whose holy example you wish to follow. You will be required to complete a Saint Project on the saint whose name you choose – to help you think about how you might follow him/her in life. If you need help thinking of a saint's name or learning about saints you might be interested in, please speak with the Confirmation Coordinator.

It is also acceptable to use your Baptismal name as your Confirmation name. In that case, your Saint Project would be about a saint who shares your Baptismal name. If your Baptismal name is not that of a saint, your project may be about a favorite saint. Here are websites that can assist you in choosing a Saint:

<https://lifeteen.com/find-your-saint/>
<https://www.ewtn.com/catholicism/saints>
<https://www.catholic.org/saints/stindex.php>

You will be given a Saint Project form to be used for your saint report.

Dress Code for Confirmation

Your clothes on Confirmation Day should reflect the importance and holiness of this Sacrament. We should dress our best for God! With that in mind, the following guidelines are to be followed exactly:

- Boys
 - Dress shirt and tie.
 - Nice shoes and socks (**no sneakers**).
 - Dress pants.
- Girls
 - Dress or skirt and nice top. (**Nothing tight, short, or revealing**)***
 - Nice shoes (**no high heels, no flip flops or sneakers**).
 - Excessive make up and perfume should be avoided.

Church of Saint Philip and Saint James Phillipsburg, NJ

*****Both Boys and Girls are reminded of the importance of modesty in their dress. Low cut blouses, very short skirts, etc. are simply not acceptable dress for Christian ladies and gentlemen – especially at Confirmation!**

Please know that anyone failing to adhere to the dress code will not be permitted to participate in the Confirmation Mass. We have to ensure the dignity of the celebration.

Other Important Information

There will be a rehearsal scheduled the day before the actual Confirmation. It is absolutely essential that this rehearsal be attended by each Confirmation student and their sponsor. If the sponsor cannot attend the rehearsal, a parent may stand in for them.

It is important for you to begin praying for the gift of the Holy Spirit as you prepare for Confirmation. Prayer helps prepare us for the gifts God wants to give us – gifts like His Holy Spirit. Pray at Mass and privately, asking God to open your heart to receive and love the Spirit He will send.

Please know that our Confirmation coordinator (Deacon Rob Fisher), and our Parish Catechetical Leader (Escarlen Duran) will be very happy to answer any questions you may have about the Sacrament of Confirmation. You can reach them thru the parish office (908-454-0112).

Our whole parish is happy that you want to celebrate this sacrament and live your Catholic Faith with the help of the Holy Spirit. Indeed, your Confirmation will make our parish stronger and holier because it will bring another confirmed Catholic into our midst! For this, we give thanks to God.

Church of Saint Philip and Saint James
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Index

Topic	Page
Introduction	1
When is Confirmation usually received in our parish?	1
What are the requirements for Confirmation?	2 – 3
Choosing a Sponsor	2 - 4
Choosing a Confirmation Name	4
Dress Code	4 - 5
Other (Praying while preparing for Confirmation & rehearsal)	5



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